

FEBRUARY 2024

Activity Calendar

CENTER HOURS: 9:00 – 4:00

The Computer Lab is open every day with classes/instruction being offered on Monday and Tuesday from 9:00-11:00

*Game Room – Open M-F
Open play pool and table games*

Quilting & Sewing Room is open every day from 9-3. If you need specific instruction in an area, please call our office.

Thursday, February 1

*Exercise, PIYO, 9-9:50 – Ex. Rm
Exercise, Strengthening class, 10-10:30, Exercise rm
Knit & Crochet, 9-12-Quilting rm
Quilting & Sewing, 9-3:00
Mixed Media, 9:00-11:00, Art rm
Bridge, 9:30-11:30, Board Rm
Relaxation, 10:30-11:00 – Meditation Room
Meditation, 1-2, Meditation rm
Exercise, 1:00-1:30- Exercise Rm*

Friday, February 2

Blood Pressure Check- 11:30-12:30, Jeanne, accentCare -Dining rm

Monday, February 5

Tuesday, February 6

*Valentine Fiber Craft, 9 – 11; Quilting room
Knit & Crochet, 9-12-Quilting Rm
Quilting & Sewing, 9-3:00
Texas Hold ‘Em, 9-11-Game Rm
Exercise, PIYO, 9-9:50 – Ex. Rm
Exercise, Strengthening class, 10-10:30, Exercise rm
Relaxation, 10:30-11:00 – Meditation Room
Bridge, 12:30-3:30 – Game Rm
Exercise, 1:00-1:30 – Exercise Rm*

Wednesday, February 7

*Pitch, 9:00-11:00 – Board Rm
“42”, 9:00-11:00 – Game Rm
Meditation, 9:30 – Meditation Rm
Beading, 9:30-11:00 – Art Room
BINGO-12:30, BVCASA- Dining Room
Bridge, 12:30-3:30 – Game Rm
Exercise, 1:00-1:30, Exercise RM*

Thursday, February 8

*Exercise, PIYO, 9-9:50 – Ex. Rm
Exercise, Strengthening class, 10-10:30, Exercise rm
Knit & Crochet, 9-12-Quilting rm
Quilting & Sewing, 9-3:00
Mixed Media, 9:00-11:00, Art Room
Bridge, 9:30-11:30, Board Rm
Relaxation, 10:30-11:00 – Meditation Room
Meditation, 1-2- Meditation rm
Exercise, 1:00-1:30- Exercise Rm*

Friday, February 9

Blood Pressure Check- 10:30-11:30, Board Rm, EMS

Dining room - noon MARDI GRAS PARTY –

*Wear your masks
Beads will be available*

Monday, February 12

Tuesday, February 13

*Knit & Crochet, 9-12-Quilting Rm
Quilting & Sewing, 9-3:00
Texas Hold ‘Em, 9-11-Game Rm
Exercise, PIYO, 9-9:50 – Ex. Rm
Exercise, Strengthening class, 10-10:30, Exercise rm
Relaxation, 10:30-11:00 – Meditation Room
Meditation, 1-2, Meditation rm
Bridge, 12:30-3:30 – Game Rm
Exercise, 1:00-1:30 – Exercise Rm*

Wednesday, February 14

*Pitch, 9:00-11:00 – Board Rm
“42”, 9:00-11:00 – Game Rm
Meditation, 9:30 – Meditation Rm
BINGO- 12:30, Brenham Nursing & Rehab & Traditions- Dining Rm
Bridge, 12:30-3:30 – Game Rm
Exercise, 1:00-1:30, Exercise Rm*

*Dining Room Noon -
Valentine’s Day Party –
Crowning of King & Queen
of Hearts*





Thursday, February 15

*Exercise, PIYO, 9-9:50 – Ex. Rm
Exercise, Strengthening class, 10-10:30, Exercise rm
Knit & Crochet, 9-12-Quilting rm
Quilting & Sewing, 9-3:00
Mixed Media, 9:00-11:00, Art Room
Bridge, 9:30-11:30, Board Rm
Relaxation, 10:30-11:00 – Meditation Room
Meditation, 1-2 – Meditation rm
Exercise, 1:00-1:30- Exercise Rm*

Friday, February 16

Blood Pressure Check- 11:00-12:00, Dining Rm, Jeanne, accentCare



Monday, February 19	Tuesday, February 20	Wednesday, February 21	Thursday, February 22	Friday, February 23
 <p>WE WILL BE OPEN!</p> <p><i>Board meeting – 11:30 – Board Room</i></p>	<i>Knit & Crochet, 9-12-Quilting Rm</i> <i>Quilting & Sewing, 9-3:00</i> <i>Texas Hold ‘Em, 9-11-Game Rm</i> <i>Exercise, PIYO-9-9:50 – Ex. Rm</i> <i>Exercise, Strengthening class, 10-10:30, Exercise rm</i> <i>Relaxation, 10:30-11:00 – Meditation Room</i> <i>Meditation, 1-2, Meditation Rm</i> <i>Bridge, 12:30-3:30 – Game Rm</i> <i>Exercise, 1:00-1:30 – Exercise Rm</i>	<i>Pitch, 9:00-11:00 – Board Rm</i> <i>“42”, 9:00-11:00 – Game Rm</i> <i>Meditation, 9:30 - Meditation Rm</i> <i>BINGO, 12:30 – High Hope & Amedisys – Dining Room</i> <i>Bridge, 12:30-3:30 – Game Rm</i> <i>Exercise, 1:00-1:30, Exercise Rm</i>	<i>Exercise, PIYO-9-9:50 – Ex. Rm</i> <i>Exercise, Strengthening class, 10-10:30, Exercise rm</i> <i>Knit & Crochet, 9-12-Quilting rm</i> <i>Quilting & Sewing, 9-3:00</i> <i>Bridge, 9:30-11:30, Board Rm</i> <i>Relaxation, 10:30-11:00 – Meditation Room</i> <i>Wreath Class, 9:30-11 – Art Rm</i> <i>Exercise, 1:00-1:30- Exercise Rm</i>	<i>Blood Pressure Check-10:30-11:30, Board Rm, EMS</i> AmeriCorps Seniors, 10:45, Dining Room - Tiffany Young- presentation, Romance Scams
Monday, February 26	Tuesday, February 27	Wednesday, February 28	Thursday, February 29	
	<i>Knit & Crochet, 9-12-Quilting Rm</i> <i>Quilting & Sewing, 9-3:00</i> <i>Texas Hold ‘Em, 9-11-Game Rm</i> <i>Exercise, PIYO-9-9:50 – Ex. Rm</i> <i>Exercise, Strengthening class, 10-10:30, Exercise rm</i> <i>Relaxation, 10:30-11 - Meditation Room</i> <i>Meditation, 1-2 - Meditation Rm</i> <i>Bridge, 12:30-3:30 – Game Rm</i> <i>Exercise, 1:00-1:30 – Exercise Rm</i> <i>MOVIE – 12:45 – Board Room</i>	<i>Pitch, 9:00-11:00 – Board Rm</i> <i>“42”, 9:00-11:00 – Game Rm</i> <i>Meditation, 9:30 – Meditation Rm</i> <i>BINGO-12:30, BVCASA-Dining Room</i> <i>Bridge, 12:30-3:30 – Game Rm</i> <i>Exercise, 1:00-1:30, Exercise RM</i>	<i>Exercise, PIYO-9-9:50 – Ex. Rm</i> <i>Exercise, Strengthening class, 10-10:30, Exercise rm</i> <i>Knit & Crochet, 9-12-Quilting rm</i> <i>Quilting & Sewing, 9-3:00</i> <i>Bridge, 9:30-11:30, Board Rm</i> <i>Relaxation, 10:30-11–Meditation Room</i> <i>Meditation, 1-2 – Meditation rm</i> <i>Mixed Media, 11-2:00 – Art Rm</i> <i>Exercise, 1:00-1:30- Exercise Rm</i>	

Margaret E. Blizzard Senior Activity Center
FEBRUARY 2024 Activities Calendar
979-836-6552

1301 E. Tom Green St., Brenham, TX 77833