

Monday, April 1



Tuesday, April 2

Knit & Crochet, 9-12-Quilting Rm
Quilting & Sewing, 9-3:00
Texas Hold 'Em, 9-11-Game Rm
Exercise, PIYO, 9-9:50 – Ex. Rm
Exercise, Strengthening class, 10-10:30, Exercise rm
Bridge, 12:30-3:30 – Game Rm
Exercise, 1:00-1:30 – Exercise Rm

Wednesday, April 3

Pitch, 9:00-11:00 – Board Rm
“42”, 9:00-11:00 – Game Rm
BINGO-12:30, Dining Room
Bridge, 12:30-3:30 – Game Rm
Exercise, 1:00-1:30, Exercise Rm

Thursday, April 4

Exercise, PIYO, 9-9:50 – Ex. Rm
Exercise, Strengthening class, 10-10:30, Exercise rm
Knit & Crochet, 9-12-Quilting rm
Quilting & Sewing, 9-3:00
Bridge, 9:30-11:30, Board Rm
Exercise, 1:00-1:30- Exercise Rm

Friday, April 5

Blood Pressure Check- 11:00-12:00, Dining Rm,

Monday, April 8

Tuesday, April 9

Knit & Crochet, 9-12-Quilting Rm
Quilting & sewing, 9-3:00
Texas Hold 'Em, 9-11-Game Rm
Exercise, PIYO, 9-9:50 – Ex. Rm
Exercise, Strengthening class, 10-10:30, Exercise rm
Bridge, 12:30-3:30 – Game Rm
Exercise, 1:00-1:30 – Exercise Rm

Wednesday, April 10

Pitch, 9:00-11:00 – Board Rm
“42”, 9:00-11:00 – Game Rm
BINGO-12:30, Dining rm
Bridge, 12:30-3:30 – Game Rm
Exercise, 1:00-1:30, Exercise Rm

Thursday, April 11

Exercise, PIYO, 9-9:50 – Ex. Rm
Exercise, Strengthening class, 10-10:30, Exercise rm
Knit & Crochet, 9-12-Quilting rm
Quilting & Sewing, 9-3:00
Bridge, 9:30-11:30, Board Rm
Exercise, 1:00-1:30- Exercise Rm

Friday, April 12

Blood Pressure Check- 11:00-12:00, Dining Rm,

Monday, April 15

Tuesday, April 16

Knit & Crochet, 9-12-Quilting Rm
Quilting & Sewing, 9-3:00
Texas Hold 'Em, 9-11-Game Rm
Exercise, PIYO, 9-9:50 – Ex. Rm
Exercise, Strengthening class, 10-10:30, Exercise rm
Bridge, 12:30-3:30 – Game Rm
Exercise, 1:00-1:30 – Exercise Rm

Wednesday, April 17


Pitch, 9:00-11:00 – Board Rm
“42”, 9:00-11:00 – Game Rm
Review ART – 10-12 - Art Room
BINGO-12:30, Dining Room
Bridge, 12:30-3:30 – Game Rm
Exercise, 1:00-1:30, Exercise Rm

Thursday, April 18

Exercise, PIYO, 9-9:50 – Ex. Rm
Exercise, Strengthening class, 10-10:30, Exercise rm
Knit & Crochet, 9-12-Quilting rm
Bridge, 9:30-11:30, Board Rm
Exercise, 1:00-1:30- Exercise Rm

Friday, April 19

Blood Pressure Check- 11:00-12:00, Dining Rm,

Monday, April 22	Tuesday, April 23	Wednesday, April 24	Thursday, April 25	Friday, April 26
	<p><i>Knit & Crochet, 9-12-Quilting Rm</i> <i>Quilting & sewing, 9-3:00</i> <i>Texas Hold ‘Em, 9-11-Game Rm</i> <i>Exercise, PIYO-9-9:50 – Ex. Rm</i> <i>Exercise, Strengthening class, 10-10:30, Exercise rm</i> <i>Bridge, 12:30-3:30 – Game Rm</i> <i>Exercise, 1:00-1:30 – Exercise Rm</i> <i>MOVIE – 12:45-3:00</i></p>	<p><i>Pitch, 9:00-11:00 – Board Rm</i> <i>“42”, 9:00-11:00 – Game Rm</i> <i>BINGO, 12:30 Dining rm</i> <i>Bridge, 12:30-3:30 – Game Rm</i> <i>Exercise, 1:00-1:30, Exercise Rm</i></p>	<p><i>Exercise, PIYO-9-9:50 – Ex. Rm</i> <i>Exercise, Strengthening class, 10-10:30, Exercise rm</i> <i>Knit & Crochet, 9-12-Quilting rm</i> <i>Quilting & Sewing, 9-3:00</i> <i>Bridge, 9:30-11:30, Board Rm</i> <i>Exercise, 1:00-1:30- Exercise Rm</i></p>	<p><i>Blood Pressure Check- 11:00-12:00, Dining Rm</i></p> 
Monday, April 29	Tuesday, April 30			
		<p><i>CENTER HOURS:</i> <i>9:00 – 4:00</i></p>	<p><i>The Computer Lab is open every day.</i></p> <p><i>The Quilting & Sewing Room is open every day from 9-3. If you need specific instruction in an area, please call our office</i></p>	<p><i>Meditation/Relaxation Room:</i> <i>Monday-Friday:</i> <i>8-9:00 Personal time</i> <i>9-10:00 Relaxation</i> <i>1-2:30 Relaxation</i></p> <p><i>Game Room – Open M-F</i> <i>Open play pool and table games</i></p>

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ACTIVITY CALENDAR